

ENEWS Please forward your E-news comments, questions & submissions to marketing@calgarygirlguides.com

Next E-News – October 11, 2013 Please send your requests to E-News to marketing@calgarygirlguides.com .



Please note: The cutoff for submissions is Thursday at noon, prior to each E-news.

This e-newsletter is designed to forward information to Guiders on a bi-weekly basis.

ENEWS Calgary Area

SEPTEMBER 27TH 2013



Message from our Area Commissioner

What a day we had at Heritage Park!! The sun cooperated perfectly and the archives were on full display. There were uniforms from days of old, all kinds of pictures, newspaper articles, quizzes and queries. Many people were surprised and interested in all the artifacts. Did you know we even have a hand written letter from Lady BP? **You'll have to check it out when the archives starts opening up** for visitors. While we were there, we were able to let many of the girls and parents know about Girl Guide and Scout Night with the Calgary Stampeders. You know TSN will be there, so gather your girls and make some terrific posters to let the rest of Canada know that Girl Guides is alive and thriving in Calgary! **There's so much** more happening too with the Swap Meet, Youth Awards, Nite Trek AND a brand new website. Check out our new Calgary Girl Guide website. Are we a happening place or what?

Leeanne Smith

SWAP MEET for Guiders **TOMORROW** September 28th 10am-3pm

Drop into the Guide Center Sept 28, anytime between 10am and 3pm for a Guider resource swap meet. Craft materials, games and resources of all kinds are available for you to swap and enjoy. Bring your old Guiding material you no longer need so we can find it a **new home with someone who thinks it's wonderful.**

Membership Adviser

Are you interested in seeing our membership grow? We are looking for someone who is interested in recruitment, This role involves attending area council meeting 10 times a year, chairing meetings as needed, attending the provincial meetings, and finding volunteers for staff recruitment . Apply by emailing commissioner@calgarygirlguides.com

Public Relations Adviser

Are you the right person to take the lead with publicizing events and the media? Interested in making the public aware of our organization, and finding ways to advertise what we do and who we are? This role involves attending area council meeting 10 times a year, chairing meetings as needed, attending the provincial PR meetings attending public awareness events. Apply by emailing commissioner@calgarygirlguides.com

Camp Are you considering camping this fall/Winter? The following residential sites are available at Jubilee : Oct 11-13 weekend all residential available, Oct 25-27 Namiyi, Nov 1-3 Centennial North & South, Nov 8-10 weekend Namiyi, Nov 22-24 Centennial North, Nov 29-Dec 1 Centennial North Please contact Sommer at the Guide Centre to book. Email: Marketing@clagarygirlguides.com

Jubilee Orientation

Sunday **September 29th at 1:30pm**. Meeting at the Centennial Parking Lot. Contact us at the Guide Centre to register & for Maps/Brochures & more information.

Mockingbird Orientation

Saturday **October TBA** Meeting in front of the Lodge. Contact us at the Guide Centre to register & for Maps/Brochures & more information.



Program Committee

Events offered by Area Program Committee.

Between September 2013 and May 2014, Area Program Committee will be offering several events. Watch eNews closer to dates of events for more information. Mark your calendars now.

1. Youth Awards: to Sunday, November 3rd, 2013 at 2:00 pm Inglewood Community Hall 1740-24th Avenue SE. We will be honoring Lady BP Pin (Guides) recipients; Canada Cord, Commonwealth & Chief Commissioner recipients.

Refreshments served following ceremony. Please kindly RVSP by October 7th, 2013 via email to: program@calgarygirlguides.com, the number of attendees to ensure seating and refreshments. E-invite will be coming out shortly to Guide Guiders, Pathfinder Guiders and Ranger Guiders with more details.

2. Growing Up Money Smarts for Guides: Friday, November 1st (2 hrs) evening and Saturday, November 2nd (4 hrs) day at the Guide Centre. More information regarding cost and exact times will be in the next eNews. This a program put on by Frogskinu and First Calgary. This ties into Business Communication Badge as well as Cookies Rising part of Program.

3. Sparks & Brownies Arts Day: March 15th, 2014 Centennial House, Camp Jubilee. Morning sessions for Sparks and afternoon sessions for Brownies: Arts: Music, Crafts and Dance. Watch for more information in January 2014.

4. Pathfinder & Ranger Geocaching Event: May 10, 2014 downtown Calgary park location to be announced.

TRAINING

The Training Committee wants to challenge you! Sessions will be offered at Guide Centre unless otherwise indicated. Anyone taking a session will get a nifty crest – so sign up today! Call the office at 403-283-8348 or email at ggcinfo@calgarygirlguides.com to register. Provide your name, iMIS number, branch that you lead, District, your phone number, your email address.

Watch for more training sessions scheduled later in the fall.

SAFE GUIDE

Safe Guide compliance is part of all of our activities! That's why it is a mandatory session for all Guiders within your first 6 months. This session is devoted to understanding our responsibility as Members of GGC **in ensuring safety while managing risks in activities. We'll explore the contents of the document – you don't** need to know it all . . . you just need to know what to look for and where to find it! This session is geared to assisting you with that!

All About Your Branch – Sparks (for new and returning Guiders)

Are you a new Guider leading Sparks? Or, are you a Guider moving to Sparks from another branch? In this session, we will introduce you to the Spark program and to the characteristics of girls ages 5 and 6.

All About Your Branch – Brownies (for new and returning Guiders)

Are you a new Guider leading Brownies? Or, are you a Guider moving to Brownies from another branch? In this session, we will introduce you to the Brownie program and to the characteristics of girls ages 7 and 8.

All About Your Branch – Guides (for new and returning Guiders)

Are you a new Guider leading Guides? Or, are you a Guider moving to Guides from another branch? In this session, we will introduce you to the Guide program and to the characteristics of girls ages 9, 10 and 11.

All About Your Branch – Pathfinders (for new and returning Guiders)

Are you a new Guider leading Pathfinders? Or, are you a Guider moving to Pathfinders from another branch? In this session, we will introduce you to the Pathfinder program and to the characteristics of girls ages 12, 13 and 14.

Building Unit Guider Skills (for new Guiders)

This session will give you the information you need to successfully run your unit – girl centered programming, working with other Guiders, keeping the unit a safe place, diversity and inclusiveness. A must for new Guiders!

Sleepover Planning

Never planned a sleepover for the girls before, or maybe you did and there was room for improvement. We will spend our time making a checklist on the do's to making sleepover planning a breeze (and the actual night too). These skills will also translate when you are ready to go camping!

Crafts to Enhance your Program - Sparks, Brownies, Guides

Join us and discover how to use crafts to complete program in a fun way. You will leave with ideas and samples that will help you to add fun to your meetings.

Crafts to Enhance your Program – Pathfinders, Rangers

For this workshop will be working with the theme of Turning Trash into Treasure in line with Operation Earth Action. Come and give new life to an old book and make an Art Journal, learn the technique of Zentangle, **make a “cofre tortuga” trinket box, and learn “mokume gane” to make gorgeous Christmas ornaments or jewellery.**

Financial Management

Learn to keep your books so that it is easy to keep them balanced and up to date. We will show the paper and the electronic methods of doing the books. You will leave with the knowledge to meet the deadlines to have your books reviewed with no stress.

Using the Telescope

Did you know that Calgary Area has a telescope? Come and learn how to use it for finding things in the night sky.

Girl Protection and You

Page 20 of Safe Guide 2013 states that all adults must review with all adult supervisors the Girl Protection Procedures, noting that when there are reasonable grounds to suspect abuse, it must be reported. Join us for an informative session on how to recognize incidents that need to be reported as well as how to protect yourself from allegations of abuse.

Safe Guide

Thursday, October 24 – 7:00 – 9:30 pm

Monday, October 28 – 7:00 – 9:30 pm

Saturday, November 16 – 9:00 – 11:30 am

Others

Saturday, October 5 – Outdoor Cooking

Noon – 4:00 pm

Thursday, October 10 – Sleepover Planning

7:00 – 9:30 pm

Saturday, October 26 – Crafts to Enhance your Program – Sparks, Brownies, Guides

Noon – 4:00 pm

Thursday, November 15 – Using the Telescope

7:00 – 9:30 pm

Tuesday, November 19 – Girl Protection

7:00 – 9:00 pm

Saturday, November 23 – Crafts to Enhance your Program – Pathfinders, Rangers

9:00 am – 3:00 pm

We have scheduled a full day conference on **Saturday, October 19** for new Guiders, Guiders who are changing branches for the **2013-2014 Guiding year as well as a session for unit and District treasurers. Don't forget your lunch** if you are registering for both morning and afternoon sessions! A fridge, stove and microwave are available.

Saturday, October 19

9:00 – 11:30 am

Safe Guide (for new Guiders)

Financial Management (for Treasurers or anyone interested in keeping the books)

Lunch from 11:30 – 12:00 (bring your own)

12:00 – 2:00 pm

All About Your Branch – Sparks (for new and Guiders changing branches)

All About Your Branch – Brownies (for new and Guiders changing branches)

All About Your Branch – Guides (for new and Guiders changing branches)

All About Your Branch – Pathfinders (for new and Guiders changing branches)

Break

2:30 – 4:30 pm

Building Unit Guider Skills (for new Guiders)

Is there something your District needs? Or, do you have ideas for sessions to be offered centrally at Guide Centre? Please contact the training committee at training@calgarygirlguides.com

Confirmed malls for cookie sales:

Westbrook Mall Oct 12-13 weekend
Malborough Mall Oct 19-20 weekend
Southcenter Mall Oct 18 – 20

To book a mall for a selling shift please contact Cynthia at czuidema@shaw.ca. She will respond with shifts available at that mall. Due to the high demand for a mall shift you will have 24 hours to respond with your first and second choice shift.

All cooking selling shifts will be taken on a first come first serve basis.

When requesting location please ensure that you will have cookies to sell (save some to sell on that day if necessary) – please no cancelling of a confirmed shift.

Reminder that units/districts/areas MUST use one of the two cookie tracking sheets as mandated by Province. The links to the cookie tracking sheets are:

<https://test.girlguides.ca/Documents/AB/AB-Council.14-CookieInventoryRec.xls>

<https://test.girlguides.ca/Documents/AB/AB-Council.15-CookieInventoryRec2.doc>

Do Girl Guide Cookies have an expiry date?

Girl Guide cookies are best within eight months of the date they were produced, during which optimum taste, texture and appearance are retained. Girl Guide cookies can be consumed after this time period even though the optimum quality will start to diminish. To determine the packaging date of your cookies, please locate the code imprinted on the end flap of the box. This code is a series of four or five digits followed by a letter. The first one or two number(s) refers to the year in which the product was made (e.g. 9 represents 2009, 10 represents 2010). The following three numbers refer to the specific day within the entire year (day 001 to day 366), and the letter refers to the shift the product was produced on. For example, the code 11035D would indicate that the product was made in 2011 on the 35th day (February 4), shift D.

Reminder to use the cookie finder map **on National's site. This is good way to advertise your unit cookie sales for free!**

Respectfully submitted,
Cynthia Zuidema

Calgary Area Cookie Adviser

czuidema@shaw.ca

403-608-8783



Science Symposium

Join us at Science Symposium for great hands-on science activities that will give you ideas for completing badges!

- Choose two 90 minute workshops
- Handouts and resources to take away
- Hands-on, minds-on activities!
- Plus dinner

All for \$60 per person, or \$100 for two leaders from the same district

Workshops are co-led by an enthusiastic scientist/engineer and an experienced teacher, ensuring accurate science and practical, hands-on activities. You will have the chance to try hands-on Science activities for yourself. Get fresh, exciting ideas from scientists and teachers and leave with handouts and resources.

October 9, Symposium - Grades 4 - 6, Venue: Forest Lawn High School, 1304 - 44 St SE, Time: 4 p.m. – 8:45 p.m.

Register online at <http://www.calgarysciencenetwork.ca/workshops-registration.htm> (or fax in your registration form).

Questions? Contact Workshops Coordinator Elspeth at workshops@calgarysciencenetwork.ca



Workshop	Badge Link
Waste and Our World - Gr 4	Brownies – Terrific Trash badge Guides - Recycling badge
Classroom Chemistry - Gr 5	Guides - Chemistry badge
Air and Aerodynamics / Flight - Gr 6	Guides – Aeronautics badge
Evidence and Investigation - Gr 6	Pathfinders - 007 Module

First Aid



Guiders offering FIRST AID for *Safe Guide Guiders, Rangers and Pathfinders*. must be 12 years old. A great and comfortable way to get certified in First Aid. St. John Ambulance, Alberta Occupational Health and Safety approved.

Year certificate sent by mail.

Emergency First Aid Level A. CPR/AED Adult

One day Sun. Oct 20

am to 4 pm

cost: \$90.00pp

Standard First Aid Level C. CPR/AED Adult/child/infant

two days, must attend both days

Sun. Oct 20, 9am to 7pm AND Tues Oct 22, 5pm to 9pm

cost : \$125.00pp

Crossroads Community Hall, 1803 14 Ave N.E. off 16 Ave and Deerfoot Tr NE

Prepayment to : Jennifer Blain , 1704 10 Ave NE, Calgary, AB T2E 0Y1 saracenca@yahoo.ca 403-828-8533 or 403-828-1575 . We can set up different dates for your District or units. Re-certification avail.

Scout and Girl Guides Night Out at McMahon Stadium

Saturday October 5th at 4:30

\$20 all taxes and fees included (reg. Price \$35) Girl Guides of Canada invite you and your family to cheer on the Calgary Stampeders as they take on the Winnipeg Blue Bombers. Tickets must be pre-purchased at the Guide Centre by MONDAY SEPTEMBER 30th.

Tickets will be available for pick-up at the game one hour prior to kick-off. For more info Contact Pat Istead at isteads@telus.net



Summer 2013 Campers

"This August, my co-leader Lynette and I took 8 of our first year Pathfinders to their first weeklong camp. We celebrated Alberta's 100th Anniversary in Guiding with about 70 Pathfinders and Rangers from all across Alberta. There was even a group from Nunavut! The camp was held at Pigeon

Lake's Camp Tangletrees. The girls got to experience canoeing, archery, crafts, a night hike and amazing food. We learned about "Leave no Trace", trail clean up and even had a dance! The girls also went Geocaching and Night Geocaching (which was new for us) and they each received a Limited Edition 100th Anniversary Geocoin! I think the highlight for a lot of the girls was the trip to West Edmonton Mall where we swam in the Water Park and did a bit of shopping! They all came away with great memories, stories to tell and new friends that they are keeping in touch with via the internet. We (the leaders) made new friends too! If you ever have the opportunity to take your girls to an event such as this, I strongly urge you to consider it. You won't regret it!

We are so thankful to all of those who gave up a week of their summer to volunteer and make this camp possible. Thank you to all of you! You are awesome!!"

Joelle Callaghan ,
44th Pathfinders Deerfoot District, Calgary Area

Canoeing at

Westover, September 21-22

I was at Canoeing at Camp Westover on the weekend of September 21-22. The session starts off with getting the correct safety gear and some basic instruction on how to stay safe in the boat, then how to care for and use the paddles.

The girls in the first group helped to launch the canoes. The most challenging part of their day was getting into those boats that seem so tippy. A few girls had been in a canoe before, some had never even seen a canoe in real life. Some were totally confident. Some had to be convinced that it was going to be O.K. The lake is shallow. There are Guiders standing by in case they need more help. Some of the girls—especially the ones who have done it at least once before - were able to manage the various canoe strokes well enough to take that canoe wherever they wanted to go on the lake. A few needed extra one-on-one coaching, and a very few needed to be towed back to shore. When they are older, they will be stronger. I hope those girls get the chance to try it again when they can have more success.



The whole experience reminds me of why I stay in Guiding, and what my own girls got out of Guiding. As Guiders we get to pass on our knowledge and experience. We help these girls and young women move safely from the security of solid footing to the uncertainty of a craft that appears to be flimsy and unstable, but can be managed with confidence with the right training and a bit of experience. We are there to back them up and help them out, but they have to take **control of that craft, just like they will eventually have to take control of their own lives. We can't** hold their hands forever. They will get better at it, and eventually, if they choose, they can go out and learn more, explore more and experience more.



I learned how to canoe at Westover. After this weekend, there are 62 more girls and 18 more leaders with that experience. Thanks for sharing the weekend with me, all you Guides, Pathfinders, Rangers and Guiders – those who experienced canoeing for the first time at Westover and those who have been there before.

Susan Ryan Silverbirch District Camping Adviser, Calgary Area

Calling all Pathfinders

NITE TREK 2013

Mission: Impossible

October 19th-20th, 2013

Camp Mockingbird

Registration beginning September 1st

Deadline for all registration and paperwork is September 30th.

No late registrations will be taken.

Email us at: calgarynitetrek@gmail.com
for registration forms and more information including Station information for Rangers and adults, as well as trail information for other volunteers.

Upcoming for Guides:
Watch for your very own Nite event in
the spring!

