

September 12th, 2014

# ENEWS CALGARY AREA



## Message from our Area Commissioner

ENEWS Please forward your E-news comments, questions & submissions to [marketing@calgarygirlguides.com](mailto:marketing@calgarygirlguides.com)

Next E-News September 26th. Please send your requests to E-News to [marketing@calgarygirlguides.com](mailto:marketing@calgarygirlguides.com)

This e-newsletter is designed to forward information to Guiders on a bi-weekly basis.

### Welcome Back Guiders!

Hi everyone. Welcome back to another year of Guiding!! Hopefully everyone is okay after the freak snow storm. Our Guiding properties were hit pretty hard with downed trees and lots of snow. We will be having tree people assess them to ensure everyone's safety while at camp. Once this weather warms up I am looking forward to getting the guiding train back on the rails. So many exciting things are happening with Hodgepodge, training for travel, football with the Stamps, our Take It or Leave It event and the return of the girls to our units. How can you not be fired up about a fresh new start to the Guiding year?

Leeanne Smith



Calgary Area Commissioner  
Leeanne Smith

### Thinking about taking your unit to camp?

*"To book & go camping at any of the Calgary Area Campsites, you must attend a site orientation first"*

The next Jubilee Orientations will be held: **Sunday, September 28th at 1:30pm**  
Please meet at the Jubilee site in Cochrane at the Centennial house parking lot. Contact the Guide Centre to register as well as for camp Jubilee brochures & more detailed information about the site.

Mockingbird orientation will be held **Sunday, Oct 4th at 1:00pm.** Meeting at Mockingbird Lodge site.

# TRAINING

The Training Committee wants to challenge you! All sessions will be offered at Guide Centre unless otherwise indicated. Register by calling the office at 403-283-8348 or email at [ggcinfo@calgarygirlguides.com](mailto:ggcinfo@calgarygirlguides.com). **Provide your name, iMIS number, branch that you lead, District, your phone number, your email address.**

We have a new Training Challenge crest for 2014/2015. Anytime you take a training, you can receive a crest. Ask your trainer!!

**Safe Guide** Safe Guide compliance is part of all of our activities! That's why it is a mandatory session for all Guiders within your first 6 months. This session is devoted to understanding our responsibility as Members of GGC in ensuring safety while managing risks in activities. We'll explore the contents of the document – you don't need to know it all . . . you just need to know what to look for and where to find it! This session is geared to assisting you with that!

Saturday, September 13 – 9:30 – noon  
Thursday, September 25 – 7:00 – 9:30 pm  
Tuesday, October 7 – 7:00 – 9:30 pm  
Saturday, October 18 – 9:30 – noon

## Financial Management (new and experienced Treasurers)

Tuesday, November 18 – 7:00 – 9:30 pm

Learn to keep your books so that it is easy to keep them balanced and up to date. We will show the paper and the electronic methods of doing the books. You will leave with the knowledge to meet the deadlines to have your books reviewed with no stress.

## Sleepover Planning

Tuesday, October 28 – 7:00 – 9:30 pm

Together we'll investigate all those bits to consider when designing a fantastic sleepover with your girls. You'll leave the session with theme based sample schedules, craft and activity ideas, menu thoughts, risk management strategies and sources for even more resources that are sure to make your unit sleepover memorable.

## Singing for Sparks and Brownies (for Guiders)

Tuesday, October 7 – 7:00 – 9:30 pm

Want to sing more with your Sparks and Brownies but don't think you are a singer? Come and learn some simple songs and how to incorporate this traditional element of Guiding into your program with confidence.

## Outdoor Cooking

Saturday, October 25 – noon – 4:00 pm

Join us for a fun time learning to make and use simple outdoor cooking apparatus. We will cook and sam-

ple some meals that even the picky eaters in your unit will enjoy. You will leave with instructions to make the apparatus, recipes, and lots of ideas to get you started on moving your camp kitchen outdoors.

#### Crafts for Sparks and Brownies

Saturday, November 8 – 9:00 am – noon

Join us and learn to use crafts to complete Spark and Brownie program areas. Make a craft to explain healthy eating, musical instruments, puppets, easy hat crafts for camps, a pioneer craft and international craft. You will make them and leave with ideas and instructions

#### Crafts for Guides and Pathfinders

Saturday, November 8 – 1:00 – 4:00 pm

Explore some craft techniques to challenge the girls. Learn to make and use a simple two harness loom, try some dying techniques, learn to use the sun to decorate fabric, and use mirrors to create designs. Come and explore modified ways to do adult crafts with the girls.

Saturday, November 1 – time of each session to be announced

**All About Your Branch – Sparks 10:00am -12:00pm (for new and returning Guiders)** Are you a new Guider leading Sparks? Or, are you a Guider moving to Sparks from another branch? In this session, we will introduce you to the Spark program and to the characteristics of girls ages 5 and 6.

**All About Your Branch – Brownies 10:00am -12:00pm (for new and returning Guiders)** Are you a new Guider leading Brownies? Or, are you a Guider moving to Brownies from another branch? In this session, we will introduce you to the Brownie program and to the characteristics of girls ages 7 and 8.

**All About Your Branch – Guides 10:00am -12:00pm (for new and returning Guiders)** Are you a new Guider leading Guides? Or, are you a Guider moving to Guides from another branch? In this session, we will introduce you to the Guide program and to the characteristics of girls ages 9, 10 and 11.

**Building Unit Guider Skills (for new Guiders)** This session will give you the information you need to successfully run your unit – girl centered programming, working with other Guiders, keeping the unit a safe place, diversity and inclusiveness. A must for new Guiders!

Contact Guide Centre at [ggcinfo@calgarygirlguides.com](mailto:ggcinfo@calgarygirlguides.com) to register for these sessions.

## Leaders Needed!

1st Alberta Pathfinders meet inside the secure walls of the Calgary Young Offenders Centre. The Unit began in April 1999 and serves girls aged 12-18 who are in conflict with the Law. They could be held in custody pending trial, have been convicted and sentenced or have breached release conditions. The aim of the Pathfinder program is to teach the girls every day skills and show them there is another path to follow than what they have chosen. We meet on Mondays from 6:30pm-8:00pm with a modified Pathfinder program. Our request is for a group of leaders to rotate on a roster during the year. You must be non-judgmental with the girls, yes they have committed crimes, however we are there to help them in rehabilitation. Over the 15 years the program has been in operation there are many success stories. If you are interested in discussing this opportunity further please contact [guillemp@telus.net](mailto:guillemp@telus.net).

## Looking for Casino Volunteers

### GGC Casino

When: Thursday November 27<sup>th</sup> and Friday November 28<sup>th</sup>, 2014.

Where: Cowboys Casino

What: Needing Volunteers!

### **Cash Cage**

2 Shifts per day – 11:00am to 7:30pm and 6:30pm to 3:30am

### **Day**

Thursday – Cashier (1) /Chip Runner (1)

Friday – Cashier (2) /Chip Runner (2)

### **Evening**

Thursday – General Manager (1) /Banker (1) /Cashier (2) /Chip Runner (2)

Friday - Banker (1), Chip Runner (1)

### **Count Room**

1 Shift per day – 10:30pm to 3:30am

Thursday – Count Room Staff (3)

Friday - Count Room Staff (3)

Interested? Email Juli at [admin@calgarygirlguides.com](mailto:admin@calgarygirlguides.com) with preference.



# Sleepover at Lake Louise Hostel for Guides

Sat, Nov. 22 – Sun, Nov. 23

Come try a new way to travel! Calgary Area Program Committee in conjunction with Hostelling International is pleased to offer a Sleepover Program for Guides and their Guiders at the Lake Louise Hostel. Hostelling is an alternative form of travel that is cheap, fun and safe, and an opportunity to learn about other cultures from around the world. We are limited to 60 participants (girls and adults).

The event will include:

- Charter bus transportation from the Calgary Girl Guide office to Lake Louise and back. Canmore units are welcome to register and the bus will stop in Canmore to pick you up.
- Saturday afternoon at Chateau Lake Louise. Possible activities during the afternoon may include hiking, geocaching (we will supply the GPS units), snowshoeing (we will supply the snowshoes), tea in the Chateau (at your expense).
- Saturday supper, bed time snack and Sunday breakfast at the hostel
- Hostel staff will provide a full evening of fun activities to complete all the requirements of the Go Hostelling Challenge. Click [here](#) for more details.
- Go Hostelling crest for each person

A detailed itinerary will be provided upon registration. We will prepare all Safe Guide forms for you.

## Fees & Registration

- The sleepover costs \$100.00 per person, meaning that Guiders pay as well as girls.
- Units need to supply Guiders to meet 1:7 ratio. However, a limited number of registrations will be accepted for individual unaccompanied girls without Guiders.
- The full registration fee must accompany the registration form. Units cheques only. No personal cheques please.
- Spaces will be filled on a first-come, first-serve basis subject to space availability. Your cheque will only be cashed if you get in. Refunds will only be provided if we can re-fill the spot.

**Questions?** Contact [michele.harding@shaw.ca](mailto:michele.harding@shaw.ca)

**Registration opens on Monday, Sept. 15.**



## Sleepover at Lake Louise Hostel Registration Form

Registration opens Monday, Sept. 15th  
Deliver form and payment to Guide office

Guide Unit Number \_\_\_\_\_

Contact Adult Name \_\_\_\_\_

Contact Email \_\_\_\_\_

Contact Phone Number \_\_\_\_\_

We will accept registrations on a unit basis or from individual girls. When registering as a unit, each unit needs to supply enough adults to meet 1:7 ratio. The number of spaces available for individual girls will be very limited.

# of Guides	
# of Adults	
Total # of Participants	
	X \$100.00 per Participant (You must pay for girls and adults.)
<b>Total Due</b>	

Make cheque payable to  
"Girl Guides of Canada—Calgary Area".  
Payment by unit cheque only.

Spaces will be filled on first-come, first-serve basis subject to space availability.  
Your cheque will only be cashed if you get in.  
Refunds will only be provided if we can re-fill the spot.

Please list the names of all adults who will be attending the sleepover.  
We would appreciate knowing who has first aid, however each unit is not required to supply a first aider.

Adult Name	iMIS #	Guider? Yes or No	Non-Member PRC? Yes or No	Have first aid?

Registration Deadline Friday, Oct. 10

## Horizon District Reunion Potluck

Sunday, November 2, 2014 at the Crossroads Community Centre  
1803 14<sup>th</sup> Ave NE, 11am-3pm

**For LEADERS** associated with **Horizon District GIRL GUIDES**

Share Your: Memories, Friendship & Stories. Bring Your: camp dishes, favorite pot luck, \$5.00 for essentials. RSVP: [elainelingnau@yahoo.ca](mailto:elainelingnau@yahoo.ca) call: 403-828-1575. Tell us about your Guiding years, units, camps etc.

## Share Pallesen Oct 3?

The 165th Sparks have Pallesen House at Camp Jubilee booked for the Oct.3-5th weekend. We are only using the facility for the Saturday afternoon and night. We were just wondering if any group would like to take the Friday night to help share the costs. Please let me know if you would like more details I can be reached at [heatherjanett@shaw.ca](mailto:heatherjanett@shaw.ca).

## NITE TREK

CALLING ALL RANGERS AND  
GUIDERS!

NITE TREK 2014

SPIES IN THE NIGHT

October 17<sup>th</sup>-19<sup>th</sup>, 2014

Camp Mockingbird



We are looking for Rangers to man stations for this provincial event. Leaders we would love to have you out to help out with stations, trail walking or hospitality. Please contact Leslie Jones at [lesliejones@shaw.ca](mailto:lesliejones@shaw.ca) for more information and registration forms. HOPE TO SEE YOU THERE!

# Program Committee

## Calgary Area Youth Awards:

If you have completed Program for Guide Lady BP Pin; Pathfinder Canada Cord; Ranger Chief Commissioner/Commonwealth Award between September 1, 2013 and August 31, 2014, you are invited to Calgary Award Youth Awards Ceremony. We will also recognize Bronze, Silver & Gold Duke of Edinburgh Awards.

Area Program Committee will present your Certificate and your Guider is responsible to present you with your pin(s).

Guiders from Unit where girls earned their Award, i.e Lady BP Pin as a Guide, your Guide Guider registers you by completing the registration form found on Area website or from eNews. When Guiders are registering girls, please make sure your email address is current so important information can be sent to you on a timely basis.

**This is a uniform event.** Girls who have changed Branches, can wear uniform of choice: Guide, Pathfinder or Ranger shirt.

Girls can bring up to two (2) guests to ceremony. Guiders are also welcome to attend, however, they must register as well so we have exact numbers of attendees.

**Event Date: Saturday, October 25, 2014**

**Location: Knox United Church, 506 Fourth Street SW Calgary (downtown)**

**Time: 1:15 pm Guiders to arrive to sign certificates**

**Doors open at 1:30 pm to Girls and their Guests**

**Program Commences: 2:00 pm**

Various group and individual pictures will be taken by Louise Winhold during the ceremony. Louise is a Calgary Area Guider. If any girl is not allowed to have her photo taken please make Louise aware of this.

We would also like to run a power point slideshow again at this year's ceremony showcasing what the girls did over the Guiding year, so we encourage girls/Guiders to submit photos via email to [program@calgarygirlguides.com](mailto:program@calgarygirlguides.com) or on CD or Stik to be dropped off at Guide Centre (attn. Program committee) **no later than Friday, October 10<sup>th</sup>**.

Any questions or concerns please contact Annette at: [program@calgarygirlguides.com](mailto:program@calgarygirlguides.com).





# LOOKING FOR SOMETHING NEW IN GUIDING?

My name is Vanessa de Souza and I am the Youth Program Coordinator for the ConnecTeen Program at the Distress Centre. Our program is Distress Centre's youth peer support service, providing a safe, confidential, non-judgmental and easily-accessible space for youth to talk about their problems with other youth. Help is available 24 hours a day by calling 403.264.TEEN (8336) or through email or daily online crisis chat and text at [www.CalgaryConnecTeen.com](http://www.CalgaryConnecTeen.com). Our highly trained youth volunteers are between the ages of 15 - 21 and provide support to teens who are struggling on any issue, who have questions or who just need someone to talk to.

I am contacting you today because I am hoping the Pathfinders and Rangers youth programs you coordinate and serve would be interested in a ConnecTeen presentation. Our presentation can also be catered to staff that could refer your youth to us, if needed. Our presentation isn't just on the services we provide, but it would include how your youth can get involved with ConnecTeen as volunteers. The volunteer position would give your youth the opportunity to be trained in crisis intervention to support the youth in Calgary and area. It would offer them an incredible opportunity to develop their leadership, communication and listening skills, while fostering a larger sense of community in our city.

If you would like more information on our presentation or what we do, please feel free to connect with me.

Thank you for your time and I look forward to hearing from you,

**VANESSA DE SOUZA** YOUTH PROGRAM COORDINATOR

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[distresscentre.com](http://distresscentre.com)

