

March 26th, 2015

ENEWS CALGARY AREA



ENEWS Please forward your E-news comments, questions & submissions to marketing@calgarygirlguides.com

Next E-News
April 9th, 2015
Please send your requests to E-News to marketing@calgarygirlguides.com

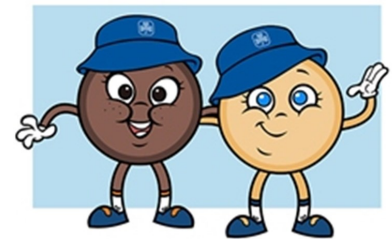
This e-newsletter is designed to forward information to Guiders on a bi-weekly basis.

Message from our Area Commissioner

Cookies, cookies, cookies . . . mmm! Be sure to take advantage of all the tools you have in selling your cookies. We can register any locations we plan on selling cookies at on the National website just be sure to register your location ahead of time. Then there is the cookie all-stars program. I hope you have been promoting it with your girls. It can be a lot of work for them to earn the top prize but what better way to teach goal setting and that their hard work pays off.

Don't forget to use the cookie recipe book markers we purchased last year and the cookie tracking sheet. Here's a handy tip I use. Do you have trouble tracking your cases of cookies? Have you ever considered numbering them so that way you can refer to a "specific case" instead of referring to a case of cookies? My unit has used that method for a number of years and we find it very helpful. Lastly don't forgot to knock on doors as so many people claim they never see us with cookies. Happy selling!

Leanne Smith



Guiding Mosaic 2016

Check out Core Crew positions/postings on the Guiding Mosaic webpage on or about March 31st. Questions are welcome contact at gm.ab.liaison@shaw.ca Chris Haydon, Alberta Liaison.



TRAINING

The Training Committee wants to challenge you! All sessions will be offered at Guide Centre unless otherwise indicated. **You MUST register for training sessions by calling the office at 403-283-8348 or email at ggcinfo@calgarygirlguides.com. Provide your name, iMIS number, branch that you lead, District, your phone number, your email address.**

We have a new Training Challenge crest for 2014/2015. Anytime you take a training session, you can receive a crest. Ask your trainer!!

Upcoming Sessions – watch for details in future e-news!

Saturday, May 9

Watch for information on an OAL training day on May 9. Sessions will cover the basic residential modules and outdoor cooking. More information will follow once planning is completed.

District Commissioner – Getting Started

We will be presenting the five **District Commissioner – Getting Started** modules in June. Anyone who is a new Commissioner or who is thinking of taking on this role will benefit from these sessions. The modules are

Foundation of Your Position

Tuesday, June 2 – 7:00 – 9:30 pm This module is designed to provide District Commissioners with the skills and knowledge needed to work effectively as a DC. The module focuses on the core responsibilities of the DC including position support, long and short range planning, time and stress management, and succession planning.

District Administration

Saturday, June 6 – 10:00 am – noon This module is designed to continue providing the skills and knowledge needed to work effectively as a DC. It continues the focus on the core responsibilities of the DC including screening, records management, and running District Council meetings.

Human Resources

Saturday, June 6 – 12:30 – 3:00 pm This module continues the work of the previous modules by providing the skills and knowledge to work effectively as a District Commissioner. This module includes discussion about performance management, conflict management, leadership and team building, and effective communication.

Building Your District

Tuesday, June 9 – 7:00 – 9:30 pm This module continues the work of the previous modules by providing the skills and knowledge to work effectively as a District Commissioner. Learn about communicating within the community, recognition and retention, mentoring and support for Guiders, and motivating your Guiders.

Risk Management

Thursday, June 11 – 7:00 – 9:30 pm Risk Management is designed to familiarize the District Commissioner with procedures, policies and form relating to GGC insurance and incident reporting, Safe Guide and girl protection. From this module, the DC will receive an overview of GGC insurance program, be familiar with the primary purpose of Safe Guide, understand the importance of her signature and understand the Adult Member Support Procedures of the Girl Protections Procedures.

New Guider Training Day – Saturday, June 13

9:00 – 11:30 am

Safe Guide

Safe Guide compliance is part of all of our activities! That's why it is a mandatory session for all Guiders within your first 6 months. This session is devoted to understanding our responsibility as Members of GGC in ensuring safety while managing risks in activities. We'll explore the contents of the document – you don't need to know it all . . . you just need to know what to look for and where to find it! This session is geared to assisting you with that!

12:00 – 2:00 pm (choose one – for new and returning Guiders)

All About Your Branch – Sparks

Are you a new Guider leading Sparks? Or, are you a Guider moving to Sparks from another branch? In this session, we will introduce you to the Spark program and to the characteristics of girls ages 5 and 6.

All About Your Branch – Brownies

Are you a new Guider leading Brownies? Or, are you a Guider moving to Brownies from another branch? In this session, we will introduce you to the Brownie program and to the characteristics of girls ages 7 and 8.

All About Your Branch – Guides

Are you a new Guider leading Guides? Or, are you a Guider moving to Guides from another branch? In this session, we will introduce you to the Guide program and to the characteristics of girls ages 9, 10 and 11.

All About Your Branch – Pathfinders

Are you a new Guider leading Pathfinders? Or, are you a Guider moving to Pathfinders from another branch? In this session, we will introduce you to the Pathfinder program and to the characteristics of girls ages 12, 13 and 14.

2:30 – 4:30 pm

Building Unit Guider Skills

This session will give you the information you need to successfully run your unit – girl centered programming, working with other Guiders, keeping the unit a safe place, diversity and inclusiveness. A must for new Guiders!

Trainers will come to your District to give sessions to you closer to home. Contact the training committee at training@calgarygirlPathfinders.com to book a training day for your District! Be sure to give about a month's notice so the best trainers can be found for your sessions.

Camp Orientation

The next **Jubilee Orientations** will be held: **Sunday, April 19th at 1:30pm**

Please meet at the Jubilee site in Cochrane at the parking lot between Buffalo & Badger. Contact the Guide Centre to register as well as for camp Jubilee brochures & more detailed information about the site.

Mockingbird orientation will be held **Sunday, May 3rd at 10:30am** Meeting at Mockingbird Lodge site.

IASG orientation will be held **Saturday, May 2nd at 11:00am** Meeting at IASG Gate at the site.

New Volunteer Opportunity?

Are you passionate about Calgary Area campsites? Would you like to have input on campsite improvements & maintenance? Would you like to physically help maintain the campsites?

If the answer is "Yes!" read on...

Calgary Area is creating a **Campsite Facilities Committee**, a subcommittee of the Camping Advisers. The goal of the Campsite Facilities Committee is to:

- Prioritize camp improvement & maintenance activities
- Organize and participate in camp work parties
- Promote pride and ownership in Calgary Area campsites.



For more information, contact Laurie McIntosh
(mcin2002@telus.net)

AREA DINNER 2015

Please save the date as our annual Area dinner will be held this year on May 26th, 2015 at the Carriage House Inn. Tickets will be available to purchase **April 7th** for \$25.

We are looking for volunteers to help out with the event. Did you have a table game that you'd like to share? Please message Sommer at the Guide Centre if you'd like to lend a hand.

What have your Unit's been up to 2014/ 2015?

Calgary Area is looking for your pictures and videos to share in our Enews and Area Dinner presentation. Show us what you and your Unit's have been up to this year! We are excited to receive all your great photos, and any short 15 second or less videos you may have to share as well. Please submit to marketing@calgarygirlguides.com

Trex

The 10th Calgary Trex unit is looking for new members! This unit was set up for girls age 12-18 who are struggling with anxiety and depression. The unit cap is 10 girls and we meet at the Guide Centre three Thursday evenings per month. The girls involved will drive programming and activities. Guiders experienced in dealing with girls having these difficulties facilitate the group. The concepts of “Challenge by Choice” and goal setting will be used to encourage girls to participate in the various activities. Anyone interested in joining should email Ingrid Meeuwisse at ingridem@telus.net or 403-547-8262 to discuss eligibility. This unit is not open for online registration.

Upcoming Events in Calgary

Are you looking for easy, fun and cheap activities for your unit? There are many events happening around Calgary that are very suitable for Guiding units of all ages to attend. The Program Committee encourages you to check them out. You would be amazed at how many program and badge requirements you can complete at these events. All of these events are free and open to the public.

Law Day (<http://lawdayalberta.weebly.com/calgary.html>)

Saturday, April 18 @9:00 am – 3:30 pm, Calgary Courts Centre (601 – 5 St. SW)

Their website does not have a detailed schedule of activities for 2015 yet. In the past, this event has typically included mock trials (one was with Harvey the Hound!), tours of jail cells and lots of interactive stuff. Perfect way for Guides to complete their Law Awareness badge but all ages will find useful stuff.

Disaster Alley

Saturday, May 9th, 2015 @11 am – 3 pm, East parking lot of McMahon Stadium

Free event that informs families how to prepare for an emergency. There will be over 30 exhibitors including the Calgary Fire Department, Calgary Search and Rescue, STARS Air Ambulance and many more groups who provide assistance in emergencies and disasters. Depending on how in depth the girls choose to interact with the exhibitors, you could probably complete the Alberta Emergency Preparedness Challenge. Good for all ages.

Ribbon & Buttons Needed

Calgary Program Committee needs cloth ribbon and buttons please. Any colour is fine. The ribbon should be at least 1.5 cm wide. No skinny ribbon please. Drop it off at the Guide Centre by the end of April. Thank you!



Training Provincial News

CHALLENGE YOURSELF & HELP OTHERS BECOME A TRAINER

Are you looking for a new and challenging way to acquire the knowledge and skills need for effective leadership in Girl Guides of Canada?

Come join us in Red Deer for our Annual Trainers Workshop being held April 24 – 26, 2015. While seasoned Trainers are attending sessions to increase their awareness, understanding and effectiveness in adult learning, you will complete the Trainer foundation modules. Topics in the Trainer Stream include training design and delivery and understanding the adult learner, all covered in a fun, relaxed and hands on manner. At the end of the workshop, you will be presented with your Trainer Stream pin, and if you choose, linked with a mentor and be ready to complete the final on the job sessions in your own Area. Cost for this weekend for the Trainer Stream is \$240.00 + GST.

Deadline to register: March 27, 2015

International

INTERNATIONAL WEBSITE:

Check out the newly updated International website at <http://www.calgarygirlguides.com/international.html> for information about the new Twinning Countries and Challenges, WAGGGS, Travel Opportunities and other helpful International information. Come by every month for new Instant Meetings and fun travel tips!

January Travel Tip: When travelling with extra shoes, stuff socks into them to maximize space in your bag!

January Instant Meeting: Afghanistan. Take your unit on a trip to Central Asia with these fun crafts, games and recipes!

Questions? Contact international@calgarygirlguides.com



Words in Action in Calgary

Calgary Area has decided to collaborate with Calgary Reads to help units meet the goals of our Words in Action National Service Project. [Calgary Reads](#) is a local not-for-profit organization that brings together people, schools, community partners and business to make reading a priority. They will be holding their annual used book sale on May 22-23. This is an enormous event and Calgary Girl Guides are going to help make it even more successful! Here's what you can do....

Fill Cookie Cartons with Used Books (all units, all ages)

- 1) **COLLECT!** Start collecting good quality, gently used books right away. Books can be for children or adults. You can simply ask your families to donate, or go big and do a book drive through your neighborhood. The [NSP website](#) has tips for doing a book drive.

Sorry, the following are NOT accepted: dictionaries, encyclopedias, text books, harlequin romances, Reader's digests, book tapes, cassettes, magazines and agendas.

- 2) **DELIVER!** Put the books into cookie cartons and bring them to the Guide office from April 20th to May 8th. Yes, you can use other boxes but we are Girl Guides after all! Just imagine what a mountain of books in cookies cartons will look like! Please don't use bags. Calgary Area will deliver the books to Calgary Reads for their book sale.
- 3) **LOG YOUR BOOKS!** Log your books on the [National Service Project website](#), then order your crests from the online store.

Help at the Reading Tent (Pathfinders and Rangers)

The Reading Tent is a place where parents can drop off young children while they shop at the used book sale. We need teams of Pathfinders and Rangers to read stories and make a simple bookmark craft with the children in the tent. Each team should have 2—6 girls plus at least one Guider.

The book sale takes place at the Calgary Curling Club (720—3 Street NW). We would like to staff the tent on Friday, May 22 from 5—9 PM and Saturday, May 23 from 9 AM— 9 PM. Shifts will be 2 hours long starting on the odd numbers. Please email Donnelle Watson at donnellew10@gmail.com with your unit details, contact information and your preferred time slot.