

January 28th, 2016

ENEWS CALGARY AREA

Message from our Area Commissioner

The end of the month means we are looking February and "THINKING DAY" right in the eyes. I encourage you to "THINK" of that special someone who shows their "LOVE" of Guiding by going that extra mile.

ENEWS Please forward your E-news comments, questions & submissions to marketing@calgarygirlguides.com

Next E-News
Feb 11, 2016

This e-newsletter is designed to forward information to Guiders on a bi-weekly basis.

Talk to your District Commissioner and see if we can't get them some "LOVE" with an award to help make them feel extra special. Also please "THINK" of how you can make "THINKING DAY" come alive for your girls.

I know that there is a special event happening on Feb 27 at Guide Centre (1 to 5 pm) where the girls can come and talk to some of our Guiders who did Guiding in a different generation. Let's give a little "LOVE" to those who came before.

Leeanne Smith

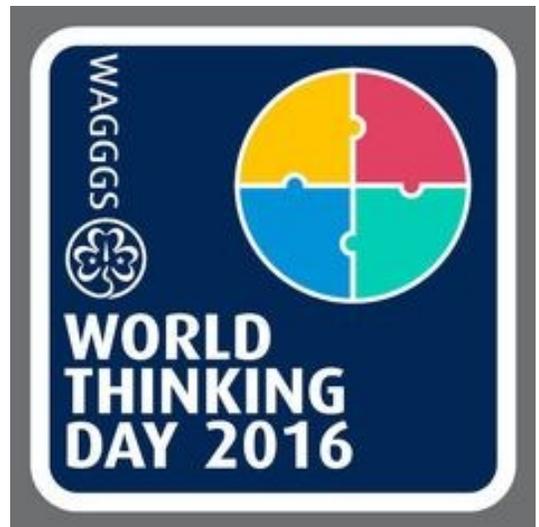
Who will be our next Area Commissioner?

Start the New Year with a great leadership OPPORTUNITY! The position of Area Commissioner provides a chance to share your strong, collaborative team leadership and management skills as you ensure stewardship of Calgary Area.

As spokeswoman for Calgary Area you will represent our area in internal and external relations. Help shape and grow our Area for tomorrow and support our Guiders and girls today.

Applications will be accepted until **February 28, 2016**

For more information on this exciting volunteer position and to access an application form: Contact: Donna Leonard Robb/Nomination Search Committee Chair at dlleonard@shaw.ca



Girl Guides
of Canada
Guides
du Canada

TRAINING 2016

The Training Committee wants to challenge you! All sessions will be offered at Guide Centre unless otherwise indicated. **You MUST register for training sessions by calling the office at 403-283-8348 or email at ggcinfo@calgarygirlguides.com.** We now have an online way to register directly for the session <http://goo.gl/forms/5LE3SuTWiF>. **Provide your name, IMIS number, branch that you lead, District, your phone number, your email address.** We have a Training Challenge crest. Anytime you take a training session, you can receive a crest. Ask your trainer!!

Training Schedule 2016

February 2 – Safe Guide 7-9:30pm

February 27 – Pysanka 10-3pm

April 3 – Tent Camping at Jubilee 10-4

April 4 – Financials for Review 7-9:30pm

April 4 – Building Strong Teams 7-9:30

April 9 - Needle & Wet felting 10-3pm

June 11 – New Guider Day includes Safe Guide, All About Your Branches and Building Your Unit Guiders Skills (More information to come)

Please note that **Safe Guide compliance** is part of all of our activities! That's why it is a mandatory session for all Guiders within your first 6 months – actually counted from the day you first apply to be a leader. This session is devoted to understanding our responsibility as Members of GGC in ensuring safety while managing risks in activities. We'll explore the contents of the document – you don't need to know it all . . . you just need to know what to look for and where to find it! This session is geared to assisting you with that!

All **About Your Branches Training (ABB)** will introduce you to the characteristics appropriate for the girls' ages and the program for each level Spark, Brownie, Guide, Pathfinder or Ranger. It is an invaluable tool to assist you in your chosen branch.

Building Your Unit Guider Skills session will give you the information you need to successfully run your unit – girl centered programming, working with other Guiders, keeping the unit a safe place, diversity and inclusiveness. A must for new Guiders!

Pysanka: 3 hour session but we have the room for 5 hours if you want to play for longer on February 27, 2016

Join us and learn to do Ukrainian Easter Eggs. You will learn some traditional designs and how to create your own designs, how to prepare the eggs, and take it through to the finishing varnish. You will have the chance to do a few eggs as you learn to use the tools and dyes. We will talk about how to do this with the girls, including making sure all your Safe Guide is handled.

Finance (with focus on doing reviews): 2.5 hour session on April 4, 2016

We will discuss how unit and district finances are to be managed. In this session we will go over how to complete a review. Find out what to look for in a review, what needs to be included in a set of books, and the steps you need to take to complete a review.

Felting: 3 hour session but we have the room for 5 hours if you want to play for longer on April 9, 2016

Join us as we try wet and needle felting to make felt, felted pictures, cards and felted animals. We will cover the different techniques and then you can play with one or try all the techniques. You will learn ways to take this back to the girls - and some can be done with even our younger girls.

Trainers will come to your District to give sessions to you closer to home. Contact the training committee at training@calgarygirlguides.com to book a training day for your District! Be sure to give about a month's notice so the best trainers can be found for your sessions. Happy Guiding.

Sparks unit looking to share a sleepover booking at the Zoo

My name is Koreen Graumann and I have a sparks unit that is going to the zoo for a sleepover. We have a small unit and are struggling with fulfilling our minimum numbers. I was hoping to see if there is another small sparks unit looking for a fun sleepover?

The event information is:

Penguin Plunge - Zoo sleepover

April 22/16 - April 23/16 5:00 pm - 8:30 am

Cost: \$70/pp

The Sleepover program includes mini-guided tours of the penguin building and the Canadian Wilds (outdoors), a penguin themed craft, interactive activities and story-telling, bed-time snack, a night in the Karsten Discovery Center, pancake breakfast in the morning and an extra Zoo Day admission to be used on any day.

We are looking for a maximum of 14 people to fill this spot. We have booked the event and the deposit has been made.

Contact: Koreen Graumann kgraumann@shaw.ca for more info

CAMP COMMITTEE

Winter Tent Camp – January 29–31, 2016 –registration closed
 Brownie Camp Academy – Feb 6, 2016 –registration closed
 Spring Ranger Camp – March 4-6, 2016 – **Watch for registration info in the next E-news.**
 Sparklefest – April 9, 2016
 Camp Quest (Guide Skills) – April 29-30, 2016
 Beginner Backpacking – June 3-5, 2016



CAMPSITE FACILITIES

THANK YOU to the 72nd Pathfinders who donated funds to buy the materials for a new picnic table at Camp Westover.



Pallesen House:

- Please remember – be water wise when camping at Pallesen House – use outdoor lats during the day, no showers etc. The septic field is having problems handling any volume of water.
- Septic alarm sounds? – The alarm and contact information for Rocky View Septic is located on the back wall of the furnace room

Why do We Have to Clean Under the Bunks – no one can see it?

- When we are cleaning the bunk rooms at the end of camp, please make sure you vacuum / sweep under the bunks. Accumulation of dust overtime can put some people's allergies into over drive when they go to camp. Also, you never know what you might find when you sweep under the bunks! Pieces of paper, tissue or food can attract mice – not the type of guests we want to encourage.

Washing Dishes at Camp:

Did you know Provincial Health Standards require us to wash our dishes using 3 basins?

1. Scrape all food particles off dishes into garbage
2. Fill first basin with hot soapy water for washing
3. Fill the second basin with clear, hot water for rinsing
4. Fill the third basin with hot or cold water and one capful of bleach. Leave the dishes in the third basin for 2 minutes.
5. Hang dishes in mesh bags or drain them using a dish rack. Do Not use tea towels.

Bleach facts:

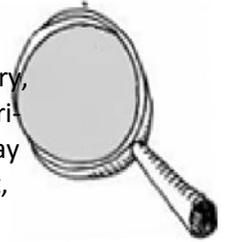
- Bleach loses its effectiveness if frozen
- Disinfecting is more effective for the first 5 minutes, once the bleach is added
- Bleach has a shelf life of 1 year (maximum).

From March 2004 Brownsea Bulletin

CAMP QUEST

(Guide Camp Skills)

\$40 / girl
 includes: bus from Calgary,
 materials for stations, Fri-
 day night snack, Saturday
 lunch and dinner, crest,
 and GST



Friday, April 29 – Saturday, April 30, 2016 at Camp Jubilee

Purpose: To introduce Guides to camp skills and cover various parts of “Fun in the Outdoors” Guide program badges.
 To give Guides the opportunity to experience tent camping and to practice new skills.



Girls will:

- ◆ learn about tents and shelters
- ◆ learn new cooking methods
- ◆ practice axe and fire building skills
- ◆ practice compass & trail skills
- ◆ learn about camp safety
- ◆ participate in camp ceremonies
- ◆ play night games
- ◆ have fun

Requirements:

- ◆ Girls must register with a unit. The unit must provide ratio and appropriate first aider(s) as per Safe Guide
- ◆ Activities are held outdoors and units will be tenting overnight. Girls and adults must **dress for the weather**, supply their own water bottle and camping gear.
- ◆ Units must provide tents, a stove for heating water and Saturday morning breakfast.
- ◆ All Safe Guide paperwork will be prepared for you. Unit Guiders will be responsible to distribute, collect and return the necessary forms to Calgary Area as required.

Registration will open on Monday, Feb. 1 at 8 AM, first-come, first-serve.

Please register by using the following link: <http://www.123contactform.com/form-1753212/Camp-Quest-Registration-Form>. You will receive a confirmation email which will include payment instructions. Do NOT take payment to the Guide office until AFTER you have received the confirmation email. **Deadline to register: Thursday, March 3, 2016.** District / unit cheques only. (No refunds after March 24.)

Calling All Adult, Ranger and 3rd year Pathfinder Volunteers!

Would you like to help with the upcoming Camp Quest, a Guide camp skills event on April 29 – 30, 2016?



We are looking for a few energetic people to assist with activity stations and parking.

If interested, please register using the following link: <http://www.123contactform.com/form-1753230/Camp-Quest-Volunteer-Registration-Form>

Deadline to register: Thursday, March 3, 2016

Spring Ranger Camp

Calling all Rangers, 3rd Year Pathfinders, and Trex Members in grades 9-12. Ranger Camp - March 4-6th – Centennial House South, Camp Jubilee, Cochrane. Come and join us for an Amazing Race Adventure

Please use the link to register for camp.

<http://goo.gl/forms/SoqXKwBFuY> or Please email calgaryrangercamp@gmail.com with questions.

SPARKLEFEST Info

SPARKLEFEST - Saturday April 9 – at **Camp Jubilee (Cochrane)**

Theme: Feeling Upside Down/Inside Out

This is a fun day of camp activities for interested Spark Units – crafts, games, snack. Girls must be accompanied by Guiders with ratio.

Form to register available on the Girl Guides Calgary Area web site the week of February. 1. Registration is first come/first served. We will only be able to accept 90 Sparks for this event. Deadline for registration March 19, 2016.

Attention CRAFTY GUIDERS!!

Can you think of a way to use this drink lid in a craft for your girls for Valentine's Day, Thinking Day, or just a simple inexpensive craft for your next Unit meeting? There are many ideas on the internet and I can supply the lids! Drop me an email to get your lids today! I have lots!! Contact: Doris dmcldow@telusplanet.net



Checkout these websites for ideas:

<http://www.onegoodthingbyjillee.com/2015/03/40-clever-ways-to-reuse-plastic-lids.html>

<http://www.creativejewishmom.com/2010/06/recycle-clear-plastic-lids-use-them-to-create-bead-mosaics.html#tp>

<http://www.thecraftycrow.net/2012/04/what-can-you-make-from-a-plastic-lid.html>

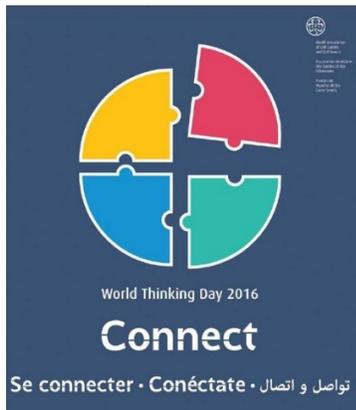
Pictured above 3" Diameter (+ some at 3.5" Diameter)

International Committee News

World Thinking Day 2016: The theme for World Thinking Day 2016 is 'Connect'; connect with your friends, connect with Guiding, connect with the world. For lots of wonderful information and activities download the WAGGGS activity pack available on the [WAGGGS website](#).

Twinning 2020 Thinking Day: Celebrate World Thinking Day by connecting with our Twinning partner, Guyana, using the activity pack available on the [Twinning 2020 website](#).

Friendship Flyer: Girl Guides of Canada is celebrating Thinking Day with their Friendship flyer, available [online](#) or in the Winter 2016 issue of the Canadian Guider magazine.



Twibbon Campaign: Support Thinking Day on your Twitter or Facebook account by adding a Thinking Day border to your profile picture. Join the campaign on the Twibbon website. <http://twibbon.com/support/girl-guides-of-canada-2/twitter>

International Website: Check out the [International website](#) for information about International Day of the Girl, WAGGGS, CWFF and other helpful International information. Come by once a month for new Instant Meetings and fun travel tips!

January Travel Tip: Bring a pack of cards, as they can keep your group entertained during any delays or waiting periods and they are a great cross-cultural barrier breaker!



January Instant Meeting: Scotland. Bring in the New Year with these delicious snacks and traditional crafts!

THINKING DAY 2016 INVITATION

To Trefoil Guild Members, and current and former Guiders
in and around Calgary Area:

CONNECT with the WestRockers Trefoil Guild
in sisterhood, reflection, song

and a special presentation about Guyana, Alberta's twinning country,
by Alberta Twinning Lead Enidd Isaac and Girl Co-Lead Carly Russell

as we celebrate

World Thinking Day 2016
Saturday, February 20th, 1:00 pm sharp – 3:00 pm
Calgary Guide Centre, 2188 Brownsea Drive NW

No RSVP is required. Uniform is optional.

We will accept donations to the Canadian World Friendship Fund
and essential items in support of INN FROM THE COLD:
gift cards, and NEW only clothing for children & infants, parents & teens.
E.g., pajamas, socks, hats, lined gloves & mitts, and underwear.

For many more suggestions,
visit www.innfromthecold.org then click Donate then Wish List.

We look forward to welcoming you!



Earth Science for Society Exhibition

DATE: Sunday, March 13
TIME: Noon — 5 pm
WHERE: Big Four Building, Stampede Park
WHO: Best for Brownies, Guides and Pathfinders
COST: FREE!
WEB: www.esfscanada.com



The Earth Science for Society (ESfS) would like to invite Guiding units to attend this event. The exhibition is a free event, open to the public, that showcases the importance of Earth Science in our everyday lives. There will be four themed pavilions: *Resources and You*, *Energy for Us*, *One Dynamic Earth* and *Our Future!*

There will be lots of dynamic presentations and interactive exhibits for experiential hands-on learning. The ever-popular Yukon Dan gold mining exhibit and a fossil station are just two examples. By attending, you will complete most of the Geo-Science Challenge requirements!

Pre-Register and get a Private Tour Guide!

If you pre-register, ESfS will provide a private tour guide for your unit! The tour guide will help you explore the exhibits and ensure you get the most out of your visit. Just fill out the Sunday booking form found at the website at www.esfscanada.com . Again, it's free!

Tour Session #1: Noon — 2:15 pm
 Tour Session #2: 2:30 — 4:45 pm

Deadline to book your unit is Friday, January 22. If you don't pre-register, units and individuals can still attend at your leisure from noon—5 PM for an unguided visit.

Plan Ahead for Upcoming Events in Calgary

Are you looking for easy, fun and cheap activities for your unit? There are many events coming up in Calgary that are very suitable for Guiding units of all ages to attend. The Program Committee encourages you to check them out. You would be amazed at how many program and badge requirements you can complete at these events. All of these events are FREE and open to the public.

Law Day (<http://lawdayalberta.weebly.com/calgary.html>)

Saturday, April 16 @ 9:00 am – 3:30 pm

Calgary Courts Centre (601 – 5 St. SW)

Branch Level: Better for Brownies and up

Their website does not have a detailed schedule of activities for 2016 yet. In the past, this event has typically included mock trials (one was with Harvey the Hound!), tours of jail cells and lots of interactive stuff. Perfect way for Guides to complete their Law Awareness badge but all ages will find useful stuff.

Disaster Alley



Sunday, May 8, 2016 (tentative) @ 11 am – 3 pm

East parking lot of McMahon Stadium

Branch Level: Good for all ages

Free event that informs families how to prepare for an emergency. There will be over 30 exhibitors including the Calgary Fire Department, Calgary Search and Rescue, STARS Air Ambulance and many more groups who provide assistance in emergencies and disasters. Depending on how in depth the girls interact with the exhibitors, you could probably complete the Alberta Emergency Preparedness Challenge.

STEM Help Wanted

Do you love Science? Do you relate well with Sparks and Brownies?



Program Committee and the University of Calgary are working together to plan STEM Days for Sparks on February 6th. The University is planning the workshops and providing the facilitators. They have asked if some Guiders would be willing to help their facilitators run the workshops. All you have to do is show up. Please email michele.harding@shaw.ca if you're willing to help on either day. Thank you!