

January 14th, 2016

ENEWS CALGARY AREA

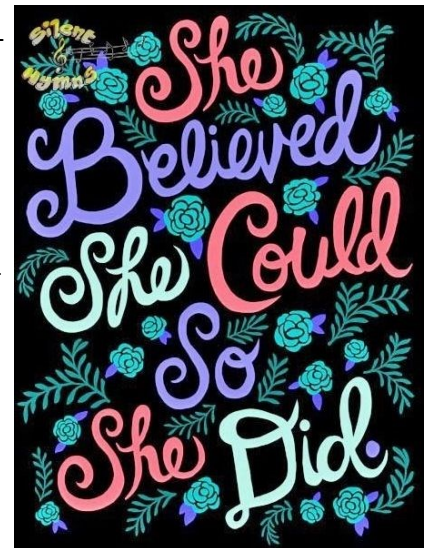
ENEWS Please forward your E-news comments, questions & submissions to marketing@calgarygirlguides.com

Next E-News
January 28th,
2016

This e-newsletter is designed to forward information to Guides on a bi-weekly basis.

Hello New Year!

Happy New Year everyone!!! With a new year comes a fresh start and lots of optimism about what the year will hold. There is so much planned that I can tell 2016 will be an action packed year. The final payments for Guiding Mosaic are due soon so I hope everyone managed to get their requests for funding in. There are many STEM days planned and the links to registration make it fast and easy. This June will also mark the beginning of a new requirement in Guiding. For anyone not aware, any Commissioner or Committee Chair term will end after 3 years. There is no longer a possibility of extension. As such, you will see many opportunities this year to get more actively involved in the administration side of Guiding. Since this is my third year, I too am affected by this change in policy. I have asked the Nominations Search Committee to start the process of finding a replacement for me. If you or someone you know would make a great Area Commissioner, please forward their name to Donna Leonard at dlleonard@shaw.ca. In the meantime, have fun with the girls and take it outside. The winter this year has been fantastic!!! Leeanne Smith



Jubilee winter camp availability

The following is available for residential sites at camp Jubilee this winter. Feb 5th, 12th & 19th weekends at Namiyi, Feb 12th weekend at Centennial North, Feb 12th weekend at Pallesen House, March 4th weekend at Centennial North, all residential sites are available March 18th & 21st weekends, April 8th weekend at Pallesen & April 15th weekend at Namiyi.

Sleeping over at the Guide Centre?

New rules for sleepovers here at the Guide Centre. The City of Calgary has advised us that for our safety and the safety of the building, please; No cooking is allowed in the kitchen. The stove is to be used for re-warming prepared foods only. Any questions, please forward to admin@calgarygirlguides.com.

TRAINING 2016

The Training Committee wants to challenge you! All sessions will be offered at Guide Centre unless otherwise indicated. **You MUST register for training sessions by calling the office at 403-283-8348 or email at ggcinfo@calgarygirlguides.com.** You may register on line at this link <http://goo.gl/forms/5LE3SuTWiF>. **Provide your name, iMIS number, branch that you lead, District, your phone number, your email address.** We have a new Training Challenge crest for 2015. Anytime you take a training session, you can receive a crest. Ask your trainer!!

Training Schedule 2016

February 2 – Safe Guide 7-9:30pm

February 16 – Conflict Management 7-9:30pm

February 27 – Pysanka 10-3pm

April 3 – Tent Camping at Jubilee 10-4

April 4 – Financials for Review 7-9:30pm

April 4 – Building Strong Teams 7-9:30

April 9 - Needle & Wet felting 10-3pm

June 11 – New Guider Day includes Safe Guide, All About Your Branches and Building Your Unit Guiders Skills (More information to come)

Please note that [Safe Guide compliance](#) is part of all of our activities! That's why it is a mandatory session for all Guiders within your first 6 months – actually counted from the day you first apply to be a leader. This session is devoted to understanding our responsibility as Members of GGC in ensuring safety while managing risks in activities. We'll explore the contents of the document – you don't need to know it all . . . you just need to know what to look for and where to find it! This session is geared to assisting you with that!

All [About Your Branches Training \(ABB\)](#) will introduce you to the characteristics appropriate for the girls' ages and the program for each level Spark, Brownie, Guide, Pathfinder or Ranger. It is an invaluable tool to assist you in your chosen branch.

[Building Your Unit Guider Skills](#) session will give you the information you need to successfully run your unit – girl centered programming, working with other Guiders, keeping the unit a safe place, diversity and inclusiveness. A must for new Guiders!

CONFLICT MANAGEMENT on FEB 16, 2016 7-9:30 PM

With our hats as unit guiders and/or administrators, we'll look at developing a better understanding of conflict through:

- investigating causes of conflict
- identifying conflict, including looking at reactions to conflict and understanding the role that body language and tone of voice plays
- managing conflict, including understanding how to keep conflict from arising, how to work with people in conflict

Pysanka: 3 hour session but we have the room for 5 hours if you want to play for longer on February 27, 2016

Join us and learn to do Ukrainian Easter Eggs. You will learn some traditional designs and how to create your own designs, how to prepare the eggs, and take it through to the finishing varnish. You will have the chance to do a few eggs as you learn to use the tools and dyes. We will talk about how to do this with the girls, including making sure all your Safe Guide is handled.

Finance (with focus on doing reviews): 2.5 hour session on April 4, 2016

We will discuss how unit and district finances are to be managed. In this session we will go over how to complete a review. Find out what to look for in a review, what needs to be included in a set of books, and the steps you need to take to complete a review.

Felting: 3 hour session but we have the room for 5 hours if you want to play for longer on April 9, 2016

Join us as we try wet and needle felting to make felt, felted pictures, cards and felted animals. We will cover the different techniques and then you can play with one or try all the techniques. You will learn ways to take this back to the girls - and some can be done with even our younger girls.

Trainers will come to your District to give sessions to you closer to home. Contact the training committee at training@calgarygirlguides.com to book a training day for your District! Be sure to give about a month's notice so the best trainers can be found for your sessions. Happy Guiding.

PUBLIC RELATIONS COMMITTEE**SAVE THE DATE**

Hitman Game – January 31, 2016 with free skate on Saddle 'Dome' ice, following the Game. Please direct questions to Shannen Hoffman pr@calgarygirlguides.com

CAMP COMMITTEE

Winter Tent Camp – January 29–31, 2016 –registration closed
 Brownie Camp Academy – Feb 6, 2016 –registration closed
 Spring Ranger Camp – March 4-6, 2016 – **Watch for registration info in the next E-news.**
 Sparklefest – April 9, 2016
 Camp Quest (Guide Skills) – April 29-30, 2016 - **Watch for registration info in the next E-News. Registration opens February 1!**
 Beginner Backpacking – June 3-5, 2016



CAMPSITE FACILITIES



THANK YOU to the 72nd Pathfinders who donated funds to buy the materials for a new picnic table at Camp Westover.

Pallesen House:

- Please remember – be water wise when camping at Pallesen House – use outdoor lats during the day, no showers etc. The septic field is having problems handling any volume of water.
- Septic alarm sounds? – The alarm and contact information for Rocky View Septic is located on the back wall of the furnace room

Why do We Have to Clean Under the Bunks – no one can see it?

- When we are cleaning the bunk rooms at the end of camp, please make sure you vacuum / sweep under the bunks. Accumulation of dust overtime can put some people's allergies into over drive when they go to camp. Also, you never know what you might find when you sweep under the bunks! Pieces of paper, tissue or food can attract mice – not the type of guests we want to encourage.

Washing Dishes at Camp:

Did you know Provincial Health Standards require us to wash our dishes using 3 basins?

1. Scrape all food particles off dishes into garbage
2. Fill first basin with hot soapy water for washing
3. Fill the second basin with clear, hot water for rinsing
4. Fill the third basin with hot or cold water and one capful of bleach. Leave the dishes in the third basin for 2 minutes.
5. Hang dishes in mesh bags or drain them using a dish rack. Do Not use tea towels.

Bleach facts:

- Bleach loses its effectiveness if frozen
- Disinfecting is more effective for the first 5 minutes, once the bleach is added
- Bleach has a shelf life of 1 year (maximum).

From March 2004 Brownsea Bulletin

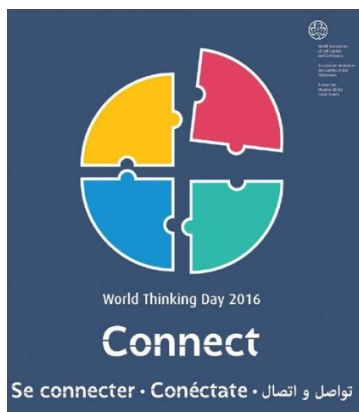
International Committee News

International Trip Planning Phone Training: Girl Guides of Alberta is offering a free phone training for anyone interested in leading an international trip and would like to learn more about the initial planning stages. It will be held on **Monday, January 18th** and **Thursday February 5th** at **7:00pm**. See the January 12th edition of [ANY News](#) for more details!

World Thinking Day 2016: The theme for World Thinking Day 2016 is 'Connect'; connect with your friends, connect with Guiding, connect with the world. For lots of wonderful information and activities download the WAGGGS activity pack available on the [WAGGGS website](#).

Twinning 2020 Thinking Day: Celebrate World Thinking Day by connecting with our Twinning partner, Guyana, using the activity pack available on the [Twinning 2020 website](#).

Friendship Flyer: Girl Guides of Canada is celebrating Thinking Day with their Friendship flyer, available [online](#) or in the Winter 2016 issue of the Canadian Guider magazine.



International Website: Check out the [International website](#) for information about International Day of the Girl, WAGGGS, CWFF and other helpful International information. Come by once a month for new Instant Meetings and fun travel tips!

December Travel Tip: Bring a pack of cards, as they can keep your group entertained during any delays or waiting periods and they are a great cross-cultural barrier breaker!



December Instant Meeting: Scotland. Bring in the New Year with these delicious snacks and traditional crafts!

Plan Ahead for Upcoming Events in Calgary

Are you looking for easy, fun and cheap activities for your unit? There are many events coming up in Calgary that are very suitable for Guiding units of all ages to attend. The Program Committee encourages you to check them out. You would be amazed at how many program and badge requirements you can complete at these events. All of these events are FREE and open to the public.

Law Day (<http://lawdayalberta.weebly.com/calgary.html>)

Saturday, April 16 @ 9:00 am – 3:30 pm

Calgary Courts Centre (601 – 5 St. SW)

Branch Level: Better for Brownies and up

Their website does not have a detailed schedule of activities for 2016 yet. In the past, this event has typically included mock trials (one was with Harvey the Hound!), tours of jail cells and lots of interactive stuff. Perfect way for Guides to complete their Law Awareness badge but all ages will find useful stuff.



Disaster Alley

Sunday, May 8, 2016 (tentative) @ 11 am – 3 pm

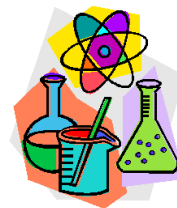
East parking lot of McMahon Stadium

Branch Level: Good for all ages

Free event that informs families how to prepare for an emergency. There will be over 30 exhibitors including the Calgary Fire Department, Calgary Search and Rescue, STARS Air Ambulance and many more groups who provide assistance in emergencies and disasters. Depending on how in depth the girls interact with the exhibitors, you could probably complete the Alberta Emergency Preparedness Challenge.

STEM Help Wanted

Do you love Science? Do you relate well with Sparks and Brownies?



Program Committee and the University of Calgary are working together to plan STEM Days for Sparks on February 6th. The University is planning the workshops and providing the facilitators. They have asked if some Guiders would be willing to help their facilitators run the workshops. All you have to do is show up. Please email michele.harding@shaw.ca if you're willing to help on either day. Thank you!

Earth Science for Society Exhibition

DATE: Sunday, March 13
TIME: Noon — 5 pm
WHERE: Big Four Building, Stampede Park
WHO: Best for Brownies, Guides and Pathfinders
COST: FREE!
WEB: www.esfscanada.com



The Earth Science for Society (ESfS) would like to invite Guiding units to attend this event. The exhibition is a free event, open to the public, that showcases the importance of Earth Science in our everyday lives. There will be four themed pavilions: *Resources and You*, *Energy for Us*, *One Dynamic Earth* and *Our Future!*

There will be lots of dynamic presentations and interactive exhibits for experiential hands-on learning. The ever-popular Yukon Dan gold mining exhibit and a fossil station are just two examples. By attending, you will complete most of the Geo-Science Challenge requirements!

Pre-Register and get a Private Tour Guide!

If you pre-register, ESfS will provide a private tour guide for your unit! The tour guide will help you explore the exhibits and ensure you get the most out of your visit. Just fill out the Sunday booking form found at esfscanada.com/school-groups/. Again, it's free!

Tour Session #1: Noon — 2:15 pm
 Tour Session #2: 2:30 — 4:45 pm

Deadline to book your unit is Friday, January 22. If you don't pre-register, units and individuals can still attend at your leisure from noon—5 PM for an unguided visit.