



## INSTANT MEETING IDEAS BANGLADESH



Sparks, Brownies, Guides, Pathfinders, Rangers: No-Sew-Handbags

### Materials:

- a pair of scissors
- an old T-shirt

### Instructions:

1. Set the T-shirt on a flat surface.
2. Cut out the binding seam from the base. Retain this, as we will use it later!
3. Now, fold the T-shirt in half vertically.
4. Cut around the collar in a nice deep semi-circle.
5. Cut the sleeves a little away from the shoulder seam, towards the collar.
6. Open it up. Your T-shirt should ideally look like a neat tank-top!
7. Now turn the 'tank' inside-out.
8. Gather the base of the tank into a bunch and tie it with the binding seam that was cut out in step 2. Make sure you tie it tight, preferably in a double knot.
9. Now, again turn this arrangement inside-out.



From: <http://alldaychic.com/no-sew-handbag-out-of-t-shirt/>



Girl Guides  
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Guides, Pathfinders, Rangers: Orange Sandesh Recipe

Ingredients:

- 5 drops orange essence
- 2 tbsp orange squash
- 1 cup grated paneer (cottage cheese)
- 2 tbsp powdered sugar
- 1 tbsp finely chopped almonds (badam)
- 1 tbsp finely chopped pistachios
- 6 orange segments

Directions:

1. Combine all the ingredients in a big metal plate and knead very well until smooth.
2. Place the mixture into a bowl and keep it in the freezer for 15 minutes.
3. Divide the mixture into 8 equal portions and roll each portion into a ball and flatten it lightly. Make a depression in the centre using your index finger.
4. Finally, garnish with almonds, pistachios, and orange segments.
5. Put it in the fridge for 30 minutes and serve.



From: <http://www.tarladalal.com/Quick-Orange-Sandesh-40526r>

