

INTERNATIONAL INSTANT MEETING IDEAS

MALAWI

Sparks and Brownies: Craft: African Cave Drawings (Petroglyphs)

Materials:

- coarse sandpaper (4x6 inch or whatever size you want)
- crayons

Instructions:

Draw an African scene on the sandpaper with crayons, press hard on the crayons.

Here are images of real cave drawings (petroglyph)



Here are some more ideas for what types of petroglyphs the kids might draw:



Rhino:



Elephant:



Lion:

From: http://www.dtk-kids.com/world/africa/sand_paper_art.htm

Guides and Pathfinders: Craft: Conga

A conga is an African drum traditionally made of hardwood and a cow-skin drum head.

Materials:

- Cardboard carpet tube (3" to 4" in diameter). You can find these at any carpet and flooring store. If you ask, the stores will be happy to give you the tubes that they would otherwise throw away.
- Plastic flower pot. The bottom of the pot should be the same in diameter as the cardboard tube so that when you set the pot on the tube, it fits without overlapping. Generally, a standard 6" flower pot tapers down to 4".
- A two-piece plastic embroidery hoop. The hoop should be the same in diameter as the top of your plastic pot so that when you set the hoop on the pot it fits without too much overlapping.
- An old inflatable pool toy or heavy gauge plastic. Basically what you need is some sort of material that is strong and flexible. A balloon is too thin. An old beach ball works great. An old rubber tire will work in a pinch.
- One to two inch wide packing or masking tape.
- Paint, paper or fabric to decorate the drum.



Instructions:

1. The first step is to cut a tube approximately 12" long.
2. Cut a piece of your beach ball or plastic to size making sure to leave a couple of inches excess for overlapping later.
3. Take the embroidery hoop apart, place the cut beach ball over the inner hoop and while stretching place the outer hoop over the plastic and inner hoop. This will become your drum head.
4. Next, place the "drum head" on top of the plastic flower pot and using packing tape, secure in place.
5. Set the plastic flower pot on top of one end of the tube and using packing tape, attach the flower pot to the cardboard tube.
6. Finally, decorate your drum using paint, paper or fabric.

From: <http://www.kinderart.com/multic/dumbek.shtml>

Pathfinders and Rangers: Recipe: Malva (African Dessert)

Ingredients:

Batter:

- 1 tsp. baking soda
- ½ cup milk
- 1 – ½ cup self-rising flour
- 1 cup sugar
- 2 eggs
- 3 tbsp. apricot jam
- 3 tbsp. butter, melted

Topping:

- ½ cup water
- ½ cup cream
- ½ cup butter
- ¾ cup sugar

Directions:

Dissolve soda in milk. Sift flour and sugar. Add milk mixture, eggs, jam and butter and mix all ingredients until blended. Put into an oval pan and bake 35 minutes at 350°F. Remove from oven and prick with a toothpick so cake can absorb topping, which should be put on while cake is still hot. Meanwhile, boil topping ingredients. Stir constantly and be careful not to scorch. Use a spoon to flow it all over the cake.

From: <http://recipes.epicurean.com/recipe/17203/hannah's-malva.html>